

## R07992.04: Fitball exercise ball, blue

### Description

Code	R07992.04
Name	Fitball exercise ball, blue
Description	The exercise ball helps to improve stability and balance. By keeping your hips and body in a well-controlled position, it helps soothe back and lower back pain. The ball can also be used in strengthening exercises, an effective device for fitness. A healthy alternative to the chair at the computer desk. Pump included. Maximum load 150 kg.
Decoration	-



### Product details

Basic material	PVC celta
Dimensions (width/height/depth) [mm]	700 x 700 x 700
Colors	blue
Unit	transport box/cardboard
Packing color	white

### Unit

Weight (gross/net) [kg]	1,1 / 1
Dimensions (length/width/height) [mm]	290 x 170 x 120
Large packet	Quantity [pcs]: 10
Weight (gross/net) [kg]	11 / 10
Dimensions (length/width/height) [mm]	620 x 355 x 310